



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF OZAMIZ CITY

July 13, 2023

UNNUMBERED MEMORANDUM
Series 2023

**PARTICIPATION IN THE NORTHERN MINDANAO REGIONAL ATHLETIC
ASSOCIATION (NMRAA) INTENSIVE TRAINING
AND PALARONG PAMBANSA 2023**

To: Dionesio L. Liwag, Jr. – Assistant Schools Division Superintendent
Susan Epifania B. Carpio – SGOD Chief and Division Sports Officer
Anthony P. Marollano – OzCAA Athletic Manager
John Paul D. Simbajon, SST 3 - Dancesports Assistant Coach
May Ann Padilla – Lawn Tennis Athlete
Rej Nikka A. Lomo – Dancesports Athlete
Jimboy M. Policarpio – Dancesports Athlete

1. Pursuant to Regional Memorandum No. 0376 re: Northern Mindanao Regional Athletic Association (NMRAA) Intensive Training for the Palarong Pambansa and Regional Memorandum No. 0382 re: National Screening and Accreditation of Coaches, Athletes, and Chaperones for the Palarong Pambansa 2023, this Office authorizes the travel and participation of the Ozamiz City Division Officials, Athletes/Qualifiers, Sports Athletic Manager and Coach to the Palarong Pambansa 2023 activities.
2. Individual sports, including demo events athletes and coaches, shall undergo the intensive training program at Fr. William Masterson, SJ Elementary School, Cagayan de Oro City, from July 15 to 25, 2023.
3. The 2023 Palarong Pambansa will be held in Marikina City from July 29 to August 5, 2023.
4. Athletes, coaches, and other authorized participating DepEd and Non-DepEd Personnel are expected to arrive at the billeting quarter (Fr. William Masterson, SJ Elementary School) on July 15, 2023.
5. Moreover, the NMRAA Delegation is expected to travel to Marikina on July 25 or 26, 2023.
6. Transportation of athletes, coaches, and officials from respective stations to the training / billeting quarter shall be charged against their offices' MOOE / Local Funds. While the meals for the training shall be charged to the Regional Office (RO) Funds subject to the usual accounting and auditing rules and regulations.
7. All participating athletes, coaches, and chaperons shall bring their own sleeping gear, mats, and eating utensils to be used for the entire duration of the activity.



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8. Teacher participants in this training/competition and other related activities shall be granted service credits. At the same time, non-teaching personnel involved shall also be granted Compensatory Time-Off (CTO), re: Updated Guidelines on the Grant of Service Credits to Teachers; DepEd Order No. 84, s. 2003, re: Addendum to DepEd Order No. 53, s. 2003, (Updated Guidelines on Grant of Service Credits to Teachers); and Civil Service Commission and Department of Budget and Management Joint Circular No. 2, s. 2004.
9. Attached is the Regional Memo No. 0376 s. 2023 for reference.
10. For information and guidance

NIMFA R. LAGO, CESO VI

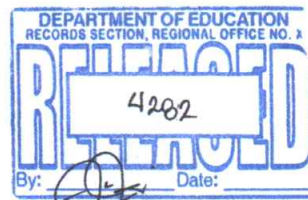
Assistant Schools Division Superintendent
OIC, Office of the Schools Division Superintendent

pp: **DIONESIO L. LWAGON, JR., CESE**
Assistant Schools Division Superintendent





Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



July 6, 2023

REGIONAL MEMORANDUM

No. 0974, s. 2023

NORTHERN MINDANAO REGIONAL ATHLETIC ASSOCIATION (NMRAA)
INTENSIVE TRAINING FOR THE 2023 PALARONG PAMBANSA

To: Assistant Regional Director
Schools Division Superintendents
All Others Concerned

1. Pursuant to the implementing guidelines and schedule of the conduct of the 2023 Palarong Pambansa, this Office will hold an intensified training program and/or enhancement to all the participating NMRAA athletes for all individual sports (including demo sports) at Fr. William Masterson, SJ Elementary School, Cagayan de Oro City, on July 15-25.
2. The team sports (baseball, basketball, football, futsal, sepak takraw, softball, volleyball), however, shall continue their monitored and school-based intensive training program. They shall join the delegation in Fr. William Masterson, SJ Elementary School on July 24, with dinner as their first meal.
3. The 2023 Palarong Pambansa will be held in Marikina City, from July 29 to August 5. As part of the preparatory activities, training for all participating athletes of the individual sports shall be held in identified locations in Cagayan de Oro City, i.e., track and field at the Xavier University Sports Centre, Pueblo, Cagayan de Oro City.
4. Athletes, coaches, and other authorized participating DepEd and non-DepEd personnel are all expected to arrive at the billeting quarter (Fr. William Masterson, SJ Elementary School), on July 15.
5. Moreover, the NMRAA delegation is expected to travel to Marikina City, on July 25 and 26.
6. Transportation of athletes, coaches, and officials from respective stations to the training/billeting quarter shall be charged against local funds. While the meals for the training shall be charged to the Regional Office (RO) funds, subject to the usual accounting and auditing rules and regulations.
7. All participating athletes, coaches, assistant coaches, chaperons, and trainers shall take with them their own sleeping gears and mats as well as eating utensils (including drinking cup/mug and cannister/food container with cover) to be used for the entire duration of training.



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**REGION 10-NORTHERN MINDANAO REGIONAL ATHLETIC ASSOCIATION (NMRAA)
2023 INTENSIVE TRAINING FOR PALARONG PAMBANSA**

DELEGATION OFFICIALS, WORKING COMMITTEES, ATHLETES, COACHES, TRAINERS, AND CHAPERONS

Number	Name	Function	School/Office	Division	Remarks
REGIONAL SPORTS COUNCIL					
1	Arturo B. Bayocot	Regional Director - Head of Delegation	ORD	RO X	Public
2	Federico P. Martin	Asst. Regional Director - Asst. Head of Delegation	ORD	RO X	Public
3	Atty. Candice Zennia R. Razon	ESSD OIC-Chief Chair - Prefect of Discipline & Protest Management Committee	ESSD	RO X	Public
4	Ricardo G. Dragon	OIC PDO IV - Operations Manager	ESSD	RO X	Public
5	Rosalio Vitorillo	Overall Training Officer	SGOD	Cagayan de Oro City	Public
Kitchen Cabinet & Food Safety					
6	Julieta N. Dolero	Kitchen Supervisor	CDO	Cagayan de Oro City	Public
7	Jinnefer Espina	Kitchen Staff	CDO (School)	Cagayan de Oro City	Public
8	Nora Alinsub	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
9	Norma Ucab	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
10	Luisa U. Maliao	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
11	Rosalina Facurib	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
12	Amie Rose Tura	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
13	Rubeneth Salazar	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
14	Jovelyn Go	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
15	Mirasol Munez	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
16	Robinson Tablang	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
17	Pinky Marris M. Fabria	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public
18	Rovina P. Bag-ao	Kitchen Staff	CDO-ALS	Cagayan de Oro City	Public

Transportation Committee					
40	Marino O. Dal	Chair	CLMD	RO X	Public
41	Randy Victor L. Bangoy	Co-Chair Member – Advance Party	Admin Division	RO X	Public
42	Joel Lariba	Member	Division Office	CDO	Public
43	Paul Badon	Member	Division Office	CDO	Public
44	Marvin Anthony Ramos	Member	Division Office	CDO	Public
45	Veto A. Tandayag	Driver	Admin Division	RO X	Public
46	John Robern Jaraula	Driver	Admin Division	RO X	Public
Procurement Committee					
47	Jovelyn Abacahin		Supply	RO X	Public
48	Junel S. Lopez		OARD	RO X	Public
49	Jevie Jala		ESSD	RO X	Public
Inspectorate Team					
50	Roger Baluyot	Inspectorate	ESSD	RO X	Public
Records & Secretariat					
51	Rodel K. Quitat	Chair	Division Office	Gingoog	Public
52	Rosanna C. Adaya	Co-Chair	Casinglot NHS	Mis. Or.	Public
53	Allan S. Abrogar	Member	ESSD	RO X	Public
Camp Management Committee					
55	Arlito P. Dasion	Member	VCCS	Valencia	Public
56	Rodulfo Angulo	Member	MOGCHS	Mis. Or.	Public
57	Elizer Teruel	Member		CDO	Public
58	Roel R. Lamberte	Member		CDO	Public
Training & Monitoring Team					
60	Rico Sumastre	Athletics		Misamis Oriental	Public
61	Marven Bescayno	Athletics		Bukidnon	Public
62	Ben John N. Caballero	Badminton		Lanao del Norte	Public
63	Arnel Ebio	Badminton		Cagayan de Oro City	Public
64	Johnmark Oligario	Table Tennis		Bukidnon	Public
65	Rosalio P. Arangco	Boxing & Chess	Division Office	Malaybalay	Public

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66	Celso L. Pagulon	Boxing		Cagayan de Oro City	Public
67	Angelito U. Felisilda	Chess		Cagayan de Oro City	Public
68	Anthony P. Marollano	Dancesports & Tennis	Division Office	Ozamis	Public
69	Ritzly D. Mutia	Dancesports		Misamis Oriental	Public
70	Ruby M. Salvo	Archery		Misamis Oriental	Public
71	Roberto L. Dechos, Jr.	Arnis	Division Office	Iligan	Public
72	Paul Patrick T. Padua	Arnis		Malaybalay	Public
73	Virgilio Diaz, Jr.	Billiards		Misamis Oriental	Public
74	Panfilo Aleria	Wushu	MOGCHS	Misamis Oriental	Public
75	Aura Villastique	Gymnastics		Misamis Oriental	Public
76	Joahn J. Andot	Gymnastics		Lanao del Norte	Public
77	Edgardo Espinosa	Pencak Silat		Cagayan de Oro	Public
78	Roel Santiago Flores	Swimming	Medina NCHS	Misamis Oriental	Public
79	Joann Dasion	Swimming		Valencia	Public
80	Stara Mae Q. Tiongco	Taekwondo		Cagayan de Oro	Public
81	Grace Pugna	Taekwondo		Bukidnon	Public
82	Norberto Frias	Tennis		Lanao del Norte	Public
83	Giljun Penuliar	Wrestling		Cagayan de Oro	Public
Trainers/Consultants					
84	Kirk Ceri Bacas	Athletics- Jumps Specialist	PATAFA	Cagayan de Oro	Private
85	Cherry Cabiluna	Athletics-Hurdles, Steeple Chase		Misamis Oriental	Public
86	Vicente Del Puerto	Athletics-Middle Specialist	PATAFA	Cagayan de Oro	Private
87	Ramir Valerio	Athletics-Long Distance Specialist	PATAFA	Cagayan de Oro	Private
88	Billy Payla			Cagayan de Oro	Private
89	Isagani Llaban	Boxing		Cagayan de Oro	Private
90	Arnald Waga	Gymnastics		Cagayan de Oro	Private
91	Edward Salinas	Arnis		Cagayan de Oro	Private

Attachment to Regional Memorandum No. ____, s. 2023

LIST OF ATHLETES, COACHES, ASSISTANT COACHES, TRAINERS, AND CHAPERONS FOR THE PREPARATORY TRAINERS, AND CHAPERONS FOR THE PREPARATORY TRAINING AND FOR THE PALARONG PAMBANSA

Event	No. of player	Surname	First Name	MI	DIVISION	Class of school	Event	Category
ELEMENTARY								
ARNIS (E/B)								
Athlete	1	Pagarigan	Sean Silvester	S	Iligan City	Public	ARNIS (E/B)	Elementary
Athlete	2	Medel	Nilo Jr.		Iligan City	Public	ARNIS (E/B)	Elementary
Athlete	3	Makibalo	King Joshua	E	El Salvador City	Public	ARNIS (E/B)	Elementary
Coach	4	Patindol	Maria Del	C	Iligan City	Public	ARNIS (E/B)	Elementary
ARNIS (E/G)								
Athlete	1	Nemenzo	Viansce Mae	C	Lanao del Norte	Public	ARNIS (E/G)	Elementary
Athlete	2	Mangadang	Hania	A	Lanao del Norte	Public	ARNIS (E/G)	Elementary
Athlete	3	Palangan	Francine	O	Lanao del Norte	Public	ARNIS (E/G)	Elementary
Coach	4	Mayo	Janisah	M	Lanao del Norte	Public	ARNIS (E/G)	Elementary
Athletics (E/B)								
Athlete	1	Castano	Marjun	V	Misamis Occidental	Public	Athletics (E/B)	Elementary
Athlete	2	Pitogo	James Michael	B	Malaybalay City	Public	Athletics (E/B)	Elementary
Athlete	3	Revilla	Mark Jun		Bukidnon	Public	Athletics (E/B)	Elementary
Athlete	4	Vallejos	Zhai John	V	Misamis Oriental	Public	Athletics (E/B)	Elementary
Coach-Track	5	Fermo	Arnold Efen		Misamis Oriental	Public	Athletics (E/B)	Elementary
Coach-Field	6	Boquecosa	Rudy	B	Misamis Occidental	Public	Athletics (E/B)	Elementary
Athletics (E/G)								
Athlete	1	Depala	Ma. Mae	S	Valencia City	Public	Athletics (E/G)	Elementary
Athlete	2	Doydora	Aliah Margaret	D	Cagayan de Oro City	Public	Athletics (E/G)	Elementary
Athlete	3	Gongob	Genesyl	R	Lanao del Norte	Public	Athletics (E/G)	Elementary

TAEKWONDO (S/G)								
Athlete	1	Cuizon	Arience Arc Niña	L	Iligan City	Private	TAEKWONDO (S/G)	secondary
Athlete	2	Escudero	Monaliza		Iligan City	Public	TAEKWONDO (S/G)	secondary
Athlete	3	Gaviola	Glaiza Mae	C	Misamis Oriental	Public	TAEKWONDO (S/G)	secondary
Athlete	4	Lanipa	Athena Trinity Grace	L	Cagayan de Oro City	Private	TAEKWONDO (S/G)	secondary
Athlete	5	Mandalunes	Ealthea	M	Misamis Oriental	Public	TAEKWONDO (S/G)	secondary
Athlete	6	Medado	Hannah Aaliyah	B	Bukidnon	Public	TAEKWONDO (S/G)	secondary
Athlete	7	Ngo	Joanavi	S	Cagayan de Oro City	Private	TAEKWONDO (S/G)	secondary
Athlete	8	Savilla	Alyza Kate	D	Bukidnon	Public	TAEKWONDO (S/G)	secondary
Athlete	9	Torralba	Danielle Anne	L	Cagayan de Oro City	Public	TAEKWONDO (S/G)	secondary
Athlete	10	Villar	Jillieane Roviengne	I	Malaybalay City	Public	TAEKWONDO (S/G)	secondary
Coach	11	Alejan	Herbert Ian	G	Bukidnon	Private	TAEKWONDO (S/G)	secondary
Chaperon	12	Daliva	Dariene	D	Cagayan de Oro City	Public	TAEKWONDO (S/G)	secondary
TENNIS (S/B)								
Athlete	1	Agustines	Nash	B	Oroquieta City	Public	TENNIS (S/B)	secondary
Athlete	2	Lucman	Al Rasheed	B	Malaybalay City	Public	TENNIS (S/B)	secondary
Athlete	3	Gomera	Mcleen		Lanao del Norte	Public	TENNIS (S/B)	secondary
Athlete	4	Sonsona	John Christopher		Lanao del Norte	Public	TENNIS (S/B)	secondary
Coach	5	Valiente	Mariannie	B	Lanao del Norte	Public	TENNIS (S/B)	secondary
TENNIS (S/G)								
Athlete	1	Cagoco	Cindy Lorraine	B	Bukidnon	Public	TENNIS (S/G)	secondary
Athlete	2	Padilla	Maria Judy Ann	L	Ozamiz City	Public	TENNIS (S/G)	secondary
Athlete	3	Sabit	Iannae Rysshia	L	Bukidnon	Public	TENNIS (S/G)	secondary
Athlete	4	Vosotros	Kemberly	J	Lanao del Norte	Public	TENNIS (S/G)	secondary
Coach	5	Delfin	Jomarie Grace	Q	Bukidnon	Public	TENNIS (S/G)	secondary
WRESTLING (S/B)								
Athlete	1	Baring	Rosell John	I	Valencia City	Public	WRESTLING (S/B)	secondary
Athlete	2	Buaya	Erdel Jay	B	Valencia City	Public	WRESTLING (S/B)	secondary
Athlete	3	Curay	Lourence	C	Bukidnon	Public	WRESTLING (S/B)	secondary
Athlete	4	Fabian	Felix		Bukidnon	Public	WRESTLING (S/B)	secondary

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Athlete	4	Lopez	Analyne		Tangub City	Public	WUSHU (S/G)	secondary
Coach	5	Sultan	Ina Joana	L	Tangub City	Public	WUSHU (S/G)	secondary
DEMO SPORTS								
Event	No.	NAME			Division	Remarks		
		Surname	First Name	MI				
DANCESPORT - JUVENILE								
Athlete	1	Bandala	Myrrh Bien	M	Misamis Occidental	Public	DANCESPORT - JUVENILE	elementary
Athlete	2	Caimor	Xyrus Nico	M	Misamis Occidental	Public	DANCESPORT - JUVENILE	elementary
Athlete	3	Caparida	Warren	M	Misamis Occidental	Public	DANCESPORT - JUVENILE	elementary
Athlete	4	Regalado	Marielle	G	Misamis Occidental	Public	DANCESPORT - JUVENILE	elementary
Coach	5	Bandala	Mercy	M	Misamis Occidental	Public	DANCESPORT - JUVENILE	elementary
DANCESPORT - JUNIOR								
Athlete	1	Lomo	Rej Neekia	A	Ozamiz City	Public	DANCESPORT - JUNIOR	secondary
Athlete	2	Policarpio	Jimboy	M	Ozamiz City	Public	DANCESPORT - JUNIOR	secondary
Athlete	3	Bandala	Matt Robin	M	Misamis Occidental	Public	DANCESPORT - JUNIOR	secondary
Athlete	4	Cenita	Franessa Denise	O	Misamis Occidental	Public	DANCESPORT - JUNIOR	secondary
Coach	5	Caulawon	Jonnel		Misamis Occidental		DANCESPORT - JUNIOR	secondary
Asst. Coach	6	Simbajon	John Paul	D	Ozamiz City		DANCESPORT - JUNIOR	secondary
PENCAK SILAT (S/B)								
Athlete	1	Balague	Jhon Carlo	L	Iligan City	Public	PENCAK SILAT (S/B)	secondary
Athlete	2	Borling	Mark Ethany	F	Iligan City	Public	PENCAK SILAT (S/B)	secondary
Athlete	3	Del Mar	Randzel	A	Iligan City	Public	PENCAK SILAT (S/B)	secondary
Athlete	4	Jumawan	Echo Tristan Nicole	P	Iligan City	Public	PENCAK SILAT (S/B)	secondary

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