

Republic of the Philippines

Department of Education REGION X - NORTHERN MINDANAO SCHOOLS DIVISION OF OZAMIZ CITY

September 1, 2023

Division Memorandum

No. 264 , s. 2023

DIVISION IMPLEMENTATION OF THE NESTLÉ WELLNESS CAMPUS PROGRAM SY 2023-2024

To: Assistant Schools Division Superintendent

Chief Education Supervisors (CID and SGOD) School Health and Nutrition Section Personnel

All Public Elementary and Junior HS/Senior H.S. School Heads

All MAPEH Teachers
All Others Concerned

This Division

- 1. In consonance with Regional Memorandum No. 0481, s. 2023 re: 2023 Nestlé Wellness Campus Program Implementation, this Division enjoins all schools to support and puts into action the wellness program, ensuring the holistic health and well-being of the learners.
- 2. DepEd Region X recently forged a Memorandum of Understanding (MOU) on their seventh year of mutual partnership with Nestle Philippines and Greatfil Team Incorporated to implement the school-based Nestlé Wellness Campus Program S.Y. 2023-2024, which aims to:
 - Educate the public-school learners and parents on the significance of healthy habits through different modules that can be integrated in MAPEH Classes.
 - b. Promote good nutrition and active lifestyle amongst public school students ages 7-17.
 - c. Reinforce the importance of seven (7) healthy habits, as follows:
 - 1. Choose Nutritious and Varied Options
 - 2. Manage Portions
 - 3. Choose to Drink Water and Milk
 - 4. Enjoy Meals Together
 - 5. Play Actively
 - 6. Care for the Planet
 - 7. Keep Good Hygiene
 - d. To support the wellness of public school teachers and parents through the Nestlé Wellness Campus Facebook Communities.



Address: IBJT Compound, Carangan, Ozamiz City

Telephone No: (088) 545-09-88 Telefax: (088) 545-09-90

Email Address: deped1miz@gmail.com

Our LEARNERS: The Diamonds of the Fortress.

ASENSO OZAMIZ!



Republic of the Philippines

Department of Education REGION X - NORTHERN MINDANAO SCHOOLS DIVISION OF OZAMIZ CITY

- 3. The activities in this Program also adhere to gender equality regardless of sexual orientation, age, religion, and ethnicity.
- 4. To ensure the proper implementation of the Program, the following shall monitor the activities in all districts.

Monitors	Designation
Johnnel A. Guangco	EPS-1, Division NWCP Coordinator
Imelda D. Pongase	EPS-1 in MAPEH
Ell June S. Abucay	Planning Officer III
Samie B. Aso	EPS 2 SMME
Lourben Mae O. Lumasag	Nurse II
All PSDS's	

5. The program implementation guidelines, forms and the activities' mechanics can be accessed using the link or Q.R. Code below:



https://tinyurl.com/WellnessCampusMechanics2023

6. This Office directs the immediate dissemination of this memorandum to all concerned.

NIMFA R. LAGO, CESO VI

Assistant Schools Division Superintendent OIC, Office of the Schools Division Superintendent

Encl.: Program of Activities Reference: RM 0481, s. 2023

To be indicated in the <u>Perpetual Index</u> under the following subjects:

SCHOOLS

PROGRAMS

ACTIVITIES

JAG/DM Nestlé Wellness Campus Program Implementation ___/ September 1, 2023



Address: IBJT Compound, Carangan, Ozamiz City

Telephone No: (088) 545-09-88 Telefax: (088) 545-09-90

Email Address: deped1miz@gmail.com

Our LEARNERS: The Diamonds of the Fortress.

ASENSO OZAMIZ!