

Department of Education REGION X - NORTHERN MINDANAO

SCHOOLS DIVISION OF OZAMIZ CITY

February 20, 2024

DIVISIONAL MEMORANDUM

NO. 067 s. 2024

CONDUCT OF PROVINCIAL INTENSIVE IN-HOUSE TRAINING OF DIVISION OF OZAMIZ CITY ATHLETES, COACHES, ASST. COACHES, TRAINERS & CHAPERONS

TO: Assistant School Division Superintendent

Chief Education Supervisors (SGOD and CID)

Public Schools District Supervisors

OCAPSA

Concerned Personnel

This Division

- Relative to One Asenso Misamis Occidental Provincial Athletic Association Memorandum No. 3, s. 2024, CONDUCT OF LIVE-IN TRAINING FOR ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION WINNING ATHLETES, COACHES, CHAPERONS, AND TRAINERS, this Office announces the athletes, coaches, asst. coaches, chaperons, trainers qualified for the NMRAA 2024 (Enclosure 1). Moreover, this Memorandum also presents the divisional guidelines for the conduct of the activity.
- Both provincial school/station-based and centralized in-house training shall be guided by the following guidelines and provisions.

a. Timelines

Events	School/station -based In-house	Centralized In – house (Oroquieta)
Athletics		February 19, 2024 - May 2, 2024
Boxing	April 1, 2024- May 2, 2024 (Baliangao)	February 26, 2024 – March 26, 2024
Swimming	February 26 – May 2, 2024 (Tangub)	
Pencak Silat	February 26 - May 2, 2024 (OCSAT)	
All events	February 26 – March 26, 2024 (Stations)	April 1, 2024 - May 2, 2024
Training	Break - March 27 - March 31, 2024	(In observance of the Holy Week)

b. Meals

Meals and snacks shall be handled by One Asenso Misamis Occidental Provincial Athletic Association.



Address: IBJT Compound, Carangan, Ozamiz City

Telephone No: (088) 545-09-88 Telefax: (088) 545-09-90

Email Address: deped1miz@gmail.com











Department of Education

REGION X - NORTHERN MINDANAO

SCHOOLS DIVISION OF OZAMIZ CITY

c. Transportation

Transportation relative to the conduct of school/station -based in- house training shall be shouldered by the school's MOOE. However, transportation to and from the billeting quarters during the centralized in-house training shall be charged against SEF.

(Note: All expenses relative to the conduct of in-house training are subject to the usual accounting and auditing rules and regulations.)

d. Learning Modality

To ensure learning continuity, flexible learning modalities shall be implemented for the entire duration of the in-house training. (Please refer to # 3, paragraph 1 & 2 of One Asenso Misamis Occidental Provincial Athletic Association Memorandum No. 3, s. 2024, Arrangement of special classes for athletes).

School Heads must ensure that classes left behind by the teacher- participants are being attended to and that measures are undertaken to address possible learning gaps, while away from school in compliance with DepEd Order No.9, s 2005 (Instituting Measures to Increase Engaged Time-on Task and Ensuring Compliance Therewith).

e. Service Credits and CTOs

Teaching personnel who shall render services during the provincial in-house training shall be entitled to service credits. The same number of days for Compensatory Time Off (CTO) shall be granted for teaching-related and non-teaching related personnel in accordance with Joint Circular No.02, series of 2024 issued by the DBM and CSC pursuant to section 1(d) of AO No 103 "Directing the Continued Adoption of Austerity Measures "in the government dated August 31, 2014.

f. Child Protection Policy

All delegations must adhere to the provisions of DepEd Order No. 40, s.2012 re: DepEd Child Protection Policy. As such, delegation officials shall be responsible for their student-athlete's protection, welfare, and safety.

- 3. This Memorandum serves as Travel Authority for all the participants.
- 4. Immediate dissemination and strict compliance of this Memorandum is desired.

NIMFA R. LAGO, PhD, CESO VI

Asst. Schools Division Superintendent OIC-Office of the Schools Division Superintendent

pp. DIONESIO L. LIWAGON, JR. CESE COOK, Asst. Schools Division Superintendent

Address: IBJT Compound, Carangan, Ozamiz City

Telephone No: (088) 545-09-88 Telefax: (088) 545-09-90

Email Address: deped1miz@gmail.com









ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION ATHLETES, COACHES, ASST.COACHES, CHAPERONS AND TRAINERS FROM THE DIVISION OF OZAMIZ CITY TO NMRAA 2024

NO.	Name	Event	Designation
1	LANZADO, JOSHUA KENT ROY	Archery (Sec – Boys)	Athlete
2	BALANSAG, ASHLEY E	Archery (Sec – Boys)	Athlete
3	ABARCO, HERNANE	Archery	Coach
4	ABARCO, MERLYN	Archery	Chaperon
5	NAVARA, CHERRY JEAN	Arnis (Sec – Girls)	Athlete
6	SIALANA, AMAIA P	Arnis (Elem- Girls)	Athlete
7	GUILLERO, KEISH D	Arnis (Elem- Girls)	Athlete
8	BLANDO, CHATTIE LUX MAE C.	Arnis (Elem- Girls)	Athlete
9	SIALANA, ROMIE C	Arnis (Elem- Girls)	Coach
10	MUÑEZ, ROGELLINE B	Arnis (Elem- Girls)	Asst Coach
11	ABIAN, LEILANY	Arnis	Trainer
12	PARAGSA, KAILA	Athletics (Elem – Girls)	Athlete
13	TUMALA, NITCHEL N.	Athletics	Chaperon
14	APAT, CRIS B	Basketball - Elem- Boys	Athlete
15	BAGUIO, RISE HOMER L	Basketball - Elem- Boys	Athlete
16	BORJA, BUTCH ANTHONY P	Basketball - Elem- Boys	Athlete
17	CANTAGO, KAYL B	Basketball - Elem- Boys	Athlete
18	CRAUSUS, JAMES NATHANIEL P	Basketball - Elem- Boys	Athlete
19	ETOM, VLADIMIR JAY K	Basketball - Elem- Boys	Athlete
20	TUMANGUB, JOHN MARK F	Basketball - Elem- Boys	Athlete
21	LABADOR, DAVID CARL K	Basketball - Elem- Boys	Athlete
22	MENDEZ, JOHN ROIS C	Basketball - Elem- Boys	Athlete
23	REPO, ZYRIEL K	Basketball - Elem- Boys	Athlete
24	RODA, JACOB	Basketball - Elem- Boys	Athlete
25	SOCORRO, CRIS L	Basketball - Elem- Boys	Athlete
26	LYSTHER, C. BUSTAMANTE	Basketball - Elem- Boys	Coach
27	AMIE, A. SIAO	Basketball - Elem- Boys	Asst. Coach
28	ADLING, ROLITO	Basketball - Sec - Boys	Athlete
29	MAGLASANG, RAFAEL CHENO B	Basketball - Sec - Boys	Athlete
30	BALCITA, FRITZ REYNALD C	Basketball - Sec - Boys	Athlete
31	DUMPOR, AUSTIN ROX H	Basketball - Sec - Boys	Athlete
32	GUIGAYOMA, DENN MARC J	Basketball - Sec - Boys	Athlete
33	BARROGA, PAUL S	Basketball - Sec - Boys	Athlete
34	MAATA, KERNIE II G.	Basketball - Sec - Boys	Athlete
35	DUMPOR, STEVEN	Basketball - Sec - Boys	Athlete
36	SAGANG, KENT JEEVAN M	Basketball - Sec - Boys	Athlete
37	ALARDE, JOHN MARLON M	Basketball - Sec - Boys	Athlete
38	SEBARIOS, RICKNHELO S	Basketball - Sec - Boys	Athlete
39	JOBITA, XANDER	Basketball - Sec - Boys	Athlete
40	MAGLASANG, RALF F	Basketball - Sec - Boys	Coach
41	MAGLASANG, RUEL F	Basketball - Sec - Boys	Trainer
42	ARCADIO, RENZ	Boxing - Sec - Boys	Athlete

44	EDAŃO, JERALD	Boxing - Sec - Boys Athle		
	MANSING , PHILIP DANIEL	Boxing - Sec - Boys	Trainer	
45	DUGADUGA, ASHNIA JANE E	Badminton - Elem - Girls	Athlete	
46	RIVERA, MARIA DANIELLE L.	Badminton - Elem - Girls	Athlete	
47	VEŃAS, CARRA LOUIS S.	Badminton - Elem - Girls	Athlete	
48	ALISER, SHENNY KIM S	Badminton - Elem - Girls	Athlete	
49	MOJELLO, NOELANN V.	Badminton - Elem - Boys	Athlete	
50	DURIAS, RYAN JEAD T.	Badminton - Elem - Boys	Athlete	
51	SINGSON II , NICKY JOSE	Badminton - Sec- Boys	Athlete	
52	ERAP, ELLICE JEWREN	Badminton - Sec - Girls	Athlete	
53	VILLAMOR, KISHA MAE D.	Badminton - Sec - Girls	Athlete	
54	COBRADO, RODEL C.	Badminton -Elem - Girls	Coach	
. 55	SANTIAGO, MICHAEL C.	Badminton - Elem - Boys	Coach	
56	CANOY, KISSLYN JEE ALBON	Badminton - Sec - Girls	Asst. Coach	
57	ALINGARO , BRYAN E	Badminton - Sec-Boys	Asst. Coach	
58	LLANERA, CARMEN D.	Badminton- Elem Girls	Chaperon	
59	YONGOD, QUINN ZIAN M	Chess -Elem Boys	Athlete	
60	YONGOD, SARA M	Chess -Elem Boys	Coach	
61	NAVAL, ABEGAIL MARIE J.	Chess - Sec - Girls	Athlete	
62	PADILLA, MA. JUDY ANN L	Tennis - Sec - Girls	Athlete	
63	PLARIZA, MYUSHE BLESS V.	Tennis - Sec - Girls	Athlete	
64	BANAWAN, ROSENEL P	Tennis - Sec - Girls	Athlete	
65	DENOPOL , LYDANTE B	Tennis	Coach	
66	GALIA, JOSEPH	Tennis	Trainer	
THE OWNER WHEN PERSON NAMED IN				
67	GERVACIO, EMMANUEL	Tennis	Trainer	
67 68	GUIEB, FRANCIS KEVIN L	Tennis Sepak Takraw- Sec- Boys	Trainer Athlete	
68	GUIEB, FRANCIS KEVIN L	Sepak Takraw- Sec- Boys	Athlete	
68 69	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys	Athlete Athlete	
68 69 70	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys	Athlete Athlete Athlete	
68 69 70 71	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys	Athlete Athlete Athlete Athlete	
68 69 70 71 72	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Swimming- Elem - Girls	Athlete Athlete Athlete Athlete Athlete Athlete	
68 69 70 71 72 73	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B.	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls	Athlete Athlete Athlete Athlete Athlete Athlete Athlete	
68 69 70 71 72 73 74	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO	Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Girls	Athlete Athlete Athlete Athlete Athlete Athlete Athlete Athlete Athlete	
68 69 70 71 72 73 74 75	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys	Athlete	
68 69 70 71 72 73 74 75 76	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming - Elem - Boys Swimming - Sec- Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys Swimming - Sec- Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P.	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys Swimming - Sec- Boys Swimming - Sec- Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79 80 81	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C VELAYO, MA. CHELLY P	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79 80 81 82	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C VELAYO, MA. CHELLY P ABUTON, KERAH PAULINE T	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C VELAYO, MA. CHELLY P ABUTON, KERAH PAULINE T CALIAO, LOURDES GEM C	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C VELAYO, MA. CHELLY P ABUTON, KERAH PAULINE T CALIAO, LOURDES GEM C LUANSING, SOPHIA PATRICE D	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	
68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84	GUIEB, FRANCIS KEVIN L CALAHAT, NOMER L CARUNGAY, KURT LAWRENCE P RIVERA, ZYDEMARC JUDE S CAMACHO, HYUNA BRIER R DAYADAY, MARIEL FAITH B. CALIAO, LIZ, CONSUELO PANGILINAN, HENRIK DEAN CONDE, JON CARL C LUANSING, FRANCISCO III P JAMODIONG, MARTIN JACOB M PEROY, YOHANN ABDIEL P. CONDE, PRINCESS KAYRICH C VELAYO, MA. CHELLY P ABUTON, KERAH PAULINE T CALIAO, LOURDES GEM C LUANSING, SOPHIA PATRICE D MOLINA, LLANA SAPHIRA	Sepak Takraw- Sec- Boys Swimming- Elem - Girls Swimming- Elem - Girls Swimming- Elem - Boys Swimming - Sec- Boys	Athlete	

.

89	BATION, AZUCENA	Swimming - Elem - Girls	Chaperon
90	ALBERIO, JAN LLOYD	Wushu	Athlete
91	ORINGOT, CARL ROVEN	Wushu	Athlete
92	MAULEO, ZAI-JHON	Wushu	Athlete
93	SUMONDONG, GENEVIVE H	Wushu	Asst. Coach
94	BALAGAS, LUWELL F	Wushu	Trainer
95	ONES, PETER GLENN R	Table Tennis- Elem - Boys	Athlete
96	BAACLO, MITZ RYAN I	Table Tennis - Sec - Girls	Athlete
97	RAMAYRAT, LISA MAY G.	Table Tennis - Sec - Girls	Athlete
98	BUGAS, JIREHFEL C	Table Tennis - Sec - Girls	Athlete
99	EMPHASIS, MELLANIE E	Table Tennis - Sec - Girls	Coach
100	SIALANA, HERMIE C	Table Tennis- Elem - Boys	Asst. Coach
101	RAMAYRAT, GERALDINE G	Table Tennis - Sec - Girls	Chaperon
102	POLITICO, GIAN D	Pencak Silat	Athlete
103	NOTA, HANS KEVIN A	Pencak Silat	Athlete
104	NAVALES, ANGELO M	Pencak Silat	Athlete
105	ROJO, JAYCOB ASHER C	Pencak Silat	Athlete
106	PIRYES, EDDIE CHRISTOPHER A	Pencak Silat	Athlete
107	REPONTE, ASHLEY Q	Pencak Silat	Athlete
108	LLAGAS, ELLAH MICAELAH M	Pencak Silat	Athlete
109	HAMILI, MIKA E	Pencak Silat	Athlete
110	ACALAIN, CHARIELLE T	Pencak Silat	Athlete
111	RODRIGUEZ, MIZELYN M.	Pencak Silat	Athlete
112	BANDILLO, ANGIELICA M	Pencak Silat	Coach
113	PATI-AN VAL PATRICK P.	Pencak Silat	Coach
114	TABOR, IAN L	Pencak Silat	Asst. Coach



Province of Misamis Occidental



ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION

February 16, 2024

MEMORANDUM No. 003 s. 2024

CONDUCT LIVE-IN TRAINING FOR ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION WINNING ATHLETES, COACHES, CHAPERONS, AND TRAINERS

To: Schools Division Superintendents
Assistant Schools Division Superintendents
Schools Operations Division Chiefs
Division Sports Officers
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Secretariat
All Others Concerned

- 1. The One Asenso Misamis Occidental Provincial Athletic Association announces the conduct of in-house training, school-based live-in training, and centralized live-in training in preparation for the 2024 Regional Meet to all winning athletes, coaches, chaperons, and trainers **including Saturdays and Sundays**, **except on March 28-31**, **2024 in observance of the Holy Week**.
- 2. The training schedules and venues are as follows:
 - a. In-house training for the **Athletics** event shall be from **February 19, 2024, to May 2, 2024,** at Misamis Occidental Provincial Athletic Complex (MOPAC);
 - b. School-based live-in training for other events shall be from February 26, 2024, to March 26, 2024, and;
 - c. Centralized live-in training for **all events** shall be from **March 27, 2024, to May 2, 2024**, at Misamis Occidental Provincial Athletic Complex (MOPAC) except for Swimming (Tangub), Boxing (Baliangao), Pencak Silat, and Para Games (Oroquieta).
- 3. This in-house, school-based live-in, and centralized live-in training aims to:
 - a. hone and enhance the skills, tactics, and strategies of athletes to improve their performances;
 - b. focus on physical conditioning, strength, flexibility, and overall fitness to ensure the athlete's optimal shape for the competition; and
 - c. educate the athletes on proper warm-up techniques, injury prevention exercises, and safe practices to reduce the risk of injuries during training and













Province of Misamis Occidental one asenso misamis occidental provincial athletic association



competition.

3. To ensure continuity of learning among student-athletes, they shall have a distance and modular learning alternative with the given provisions and guidelines during the conduct of the said activity attached in Enclosure No. 1.

The arrangement of special classes (modular) for athletes participating in the Training in their respective playing venues shall be facilitated by motivational speakers, teacher coaches, and chaperons and supervised by Team Managers (PSDS). Materials during the special classes shall be taken care of by their respective schools.

- 4. Attached in Enclosure No. 1 also is the list of athletics technical working committees, qualified athletes, coaches, chaperons, trainers, and the total number of participants per event.
- 5. All teaching and non-teaching personnel involved in this in-house training, school-based live-in training, and centralized live-in training are entitled to a grant of service credits based on the provision articulated in DepEd Order Under DO 53, s. 2003, re: Revised DepEd Order for Granting Service Credits for Teachers and Compensatory Time Off (CTO) for the School Heads and Non-Teaching Personnel.
- 6. All delegations must adhere to the provisions of DepEd Order No. 40, s.2012 re: DepEd Child Protection Policy. As such, delegation officials shall be responsible for their student-athlete's protection, welfare, and safety.
- 7. Transportation, meals, and other incidental expenses shall be charged against school MOOE/local funds/SEF subject to the usual accounting and auditing rules and regulations.
- 5. Immediate dissemination and strict compliance of this Memorandum is desired.

REYNALDO E. MANUEL, JR. PhD, CESO V

Schools Division Superintendent Division of Misamis Occidental, Co-Chairperson and Executive Officer Asenso Provincial Meet Executive Committee



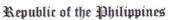
Province of Misamis Occidental one asenso misamis occidental provincial athletic association



Enclosure No. 1 to Memorandum No.

		ATHLETES, COACHES, CHAPERONS, TRAINERS / CONSULTANTS							
No.	Event	Participants							
		Athletes	Coaches	Assistant Coach	Chaperons	Trainers / Consultant	Total		
1	Archery	8	2	0	1	2	13		
2	Arnis	16	4	0	2	2	24		
3	Athletics	54	8	4	4	9	79		
4	Badminton	16	4	0	2	5	27		
5	Baseball	24	2	2	2	1	31		
6	Basketball	44	6	1	2	1	54		
7	Billiards	4	2	0	1	0	7		
8	Boxing	10	1	0	0	2	13		
9	Chess	8	4	0	1	1	14		
10	Dance sport	32	4	0	4	2	42		
11	Football	36	2	0	2	2	42		
12	Futsal	12	1	0	1	0	14		
13	Gymnastics	26	4	0	0	4	34		
14	Lawn tennis	16	4	0	0	0	20		
15	Sepaktakra w	21	3	0	1	1	26		
16	Softball	24	2	0	2	0	28		
17	Swimming	40	4	0	1	1	46		
18	Table Tennis	16	4	0	0	0	20		
19	Taekwondo	19	3	0	2	1	25		
20	Volleyball	48	4	0	2	1	55		
21	Wrestling	4	1	0	1	2	8		







Province of Misamis Occidental one asenso misamis occidental provincial athletic association

22	Wushu	10	1	0	1	2	14
23	Para Games	21	5	7	6	0	39
24	Pencak Silat	10	2	0	0	1	13
	TOTAL	519	77	14	38	40	688

ATHLETICS DELEGATES

NO.	NAME	POSITION	EVENT	SCHOOL	DISTRICT	DIVISION
	Jydan Hienz C.		Athletics- Sec			
1	Lumantas	Athlete	Boys/Track	Mis. Occ. NHS	District 10	Oroq. City
	Veinz Jaime S.		Athletics- Sec			
2	Esolana	Athlete	Boys/ Track	Aloran Trade HS	Aloran	MIS OCC
_			Athletics- Sec			Tangub
3	Eljay B. Astillero	Athlete	Boys/Track	Tangub City NHS	Central B	City
	51 15 5 11		Athletics- Sec	6 111 . 61	6.1	
4	Edzel B. Baritua	Athlete	Boys/Track	Sacred Heart Cl	Calamba	MIS OCC
	CESAR A.		Athletics- Sec		BONIFACIO	
5	TAYANTAYAN	ATHLETE	Boys/ Track	DIWATNHS	EAST	MIS OCC
	Charles James		Athletics- Sec	A1 - 1 110		1415 000
6	A. Villapana	ATHLETE	Boys/Track	Aloran Trade HS	Aloran	MIS OCC
_	Jan D. Olamakal	ATLUETE	Athletics- Sec	Lana MUIC	Dlawidal	MAIS OCC
7	Jay D. Clarabal	ATHLETE	Boys/ Track	Looc NHS	Plaridel	MIS OCC
•	Brent Alberto N.		Athletics- Sec	MSU Community	Lopez	1415 000
8	Palangan	Athlete	Boys/ Track	High School	Jaena	MIS OCC
_	Niel Jun B.		Athletics- Sec	T		Tangub
9	Lague	Athlete	Boys/Track	Tangub City NHS	Central B	City
10	Arsenio Jr. D.	Athlete	Athletics- Sec	Calamba NCHS	Calamba	MIS OCC
10	Quinlob	Athlete	Boys/Field	Calamba NCHS	Calamba	
44	Tristan P.	0.11.1	Athletics- Sec	Cha Adamia NUIC	Alexale A	Tangub
11	Payong Jan Mick P.	Athlete	Boys/Field Athletics- Sec	Sta. Maria NHS	North A	City
12	Baldecasa	Athlete	Boys/Field	Calamba NCHS	Calamba	MIS OCC
12	Daluecasa	Atmete	Athletics- Sec	Calaliba NCII3	Calalliba	WIIS OCC
13	Rolex M. Feja	Athlete	Boys/Field	Tudela NHS	Tudela	MIS OCC
13	Carl Kevin C.	Attricte	Athletics- Sec	Tudela IVIIS	Tuuciu	Will Occ
14	Adelan	Athlete	Boys/Field	Mis. Occ. NHS	District 10	Oroq. City
			Athletics- Sec			
15	Franklin G. Lera	Athlete	Boys/Field	Mis. Occ. NHS	District 10	Oroq. City
	Jose Lorenzo		Athletics- Sec			
16	Masas	Coach	Boys/Track	Calamba NCHS	Calamba	MIS OCC
	Lloyd lan N.		Athletics- Sec			
17	Balagtas	Coach	Boys/Field	Calamba NCHS	Calamba	MIS OCC
	Junelou Marie		Athletics- Sec			Tangub
18	C. Lapinig	Chaperon	Boys	Tangub City NHS	Central B	City



Province of Misamis Occidental one asenso misamis occidental provincial athletic association



40			Athletics- Sec	DCE	D. II	NAIS OSS
19	Gretel C. Soriano	Athlete	Girls/Track	BSF	Baliangao	MIS OCC
20	Jennelyn P.	Athlete	Athletics- Sec	Sacrad Heart Cl	Calamba	MIS OCC
20	Oniong	Athlete	Girls/Track	Sacred Heart Cl	Calamba	MIS OCC
21	Shane M. Cabrera	Athlete	Athletics- Sec	Roque L. Su	Dalianzas	MIS OCC
21		Athlete	Girls/Track	MNHS	Baliangao	MIS OCC
22	Jenny Mae B.	Athlete	Athletics- Sec	Tangub City NHS	Central B	Tangub
	Lague Julie May S.	Atmete	Girls/Track Athletics- Sec	Taligus City NH3	Central B	City
23	Bocatot	Athlete	Girls/Track	Katipunan NHS	Sinacaban	MIS OCC
23	Ashley Queen B.	Atmete	Athletics- Sec	Katipulian Wils	Siliacabali	Tangub
24	Astillero	Athlete	Girls/Track	Tangub City NHS	Central B	City
	Astillero	Atmete	Athletics- Sec	Tangas city 1115	Certain	City
25	Junela E. Sanchez	Athlete	Girls/Track	Katipunan NHS	Sinacaban	MIS OCC
	April Shane A.		Athletics- Sec			
26	Luza	Athlete	Girls/Track	Aloran Trade HS	Aloran	MIS OCC
	EGEG	71011010	Athletics- Sec	7.10741171440710	7.10.01	Tangub
27	Chilou O. Rubi	Athlete	Girls/Track	Tangub City NHS	Central B	City
		7,000	Athletics- Sec	, angula only three		
28	Hansel C. Soriano	Athlete	Girls/Field	BSF	Baliangao	MIS OCC
	GESA A.		Athletics-Sec			
29	POLOYAPOY	ATHLETE	Girls/Field	PISAAN NHS	Bonifacio	MIS OCC
			Athletics- Sec			
30	Lea S. Paltingca	Athlete	Girls/Field	Panalsalan IS	Plaridel	MIS OCC
	Angel May P.		Athletics- Sec			
31	Bautista	Athlete	Girls/Field	Talairon NHS	District 3	Oroq. City
			Athletics- Sec			
32	Kaila Paragoso	Athlete	Girls/Field	Montol NHS	District 7	Ozamiz City
	Julian Claire M.		Athletics- Sec			
33	Saturre	Athlete	Girls/Field	Taboc IS	District 8	Oroq. City
			Athletics- Sec			
34	Roxan C. Atoz	Coach	Girls/Track	Roque L. Su MHS	Baliangao	MIS OCC
	Anna Lou S.		Athletics- Sec	Baliangao School		
35	Enerio	Coach	Girls/Field	of Fisheries	Baliangao	MIS OCC
	Sharon Mae S.					
36	Madarimot	Chaperon	Athletics- Sec Girls	Mis. Occ. NHS	District 10	Oroq. City
	Ceasar Jospeh P.		Athletics- Elem			
37	Rodriguez	Athlete	Boys/Track	Jimenez CS	Jimenez	MIS OCC
			Athletics- Elem			
38	Mark G. Mariquit	Athlete	Boys/Track	Santa Ana ES	Aloran	MIS OCC
			Athletics- Elem			Tangub
39	Gian Carlo Lague	Athlete	Boys/Track	Silanga ES	North B	City
			Athletics- Elem			
40	Ramil C. Ibasan	Athlete	Boys/Track	Binuangan ES	District 3	Oroq. City
			Athletics- Elem			
41	Rudy III T. Baroro	Athlete	Boys/Track	Panalsalan IS	Plaridel	MIS OCC
			Athletics- Elem			
42	Chris John Luza	Athlete	Boys/Track	Aloran CS	Aloran	MIS OCC
			Athletics- Elem		=	
43	JL S. Cabasura	Athlete	Boys/Field	Panalsalan IS	Plaridel	MIS OCC



Province of Misamis Occidental one asenso misamis occidental provincial athletic association



	Norjahid C.		Athletics- Elem	Oroquieta City		
44	Arcenio	Athlete	Boys/Field	CES	District 1	Oroq. City
	Harry Dominique		Athletics- Elem			
45	Marcial	Athlete	Boys/Field	Rizal ES	District 3	Oroq. City
	Carlo G.		Athletics- Elem			
46	Fernandez	Athlete	Boys/Field	Mohon ES	Aloran	MIS OCC
			Athletics- Elem		Lopez	
47	Jestony Besangre	Athlete	Boys/Field	Hasaan ES	Jaena	MIS OCC
			Athletics- Elem			
48	Benerando Basan	Athlete	Boys/Field	Panalsalan IS	Plaridel	MIS OCC
			Athletics- Elem			
49	Resalito B. Dado	Coach	Boys/Track	Aloran CS	Aloran	MIS OCC
	Rhowena T.		Athletics- Elem			
50	Baroro	Coach	Boys/Field	Panalsalan IS	Plaridel	MIS OCC
	Romnick T.	Cl	Athletics- Elem	D:1 50		0
51	Aguirre	Chaperon	Boys	Rizal ES		Oroq. City
F2	Ira Ryzah A. Salvacion	Adhlata	Athletics- Elem	Dom ou FC	Clarie	MICOCC
52		Athlete	Girls/Track	Pan-ay ES	Clarin	MIS OCC
F2	Cheryl Jane S.	A+61-+-	Athletics- Elem	Vinen and EC	Clasin	MIS OCC
53	Aca-ac Katherine Gelera	Athlete	Girls/Track Athletics- Elem	Kinangay ES	Clarin	MIS OCC
54	Natividad	Athlete	Girls/Track	Tituron ES	North A	Tangub
54	INALIVIDAD	Atmete	Athletics- Elem	TITUTOTI ES	North	City
55	Sitael P. Anadon	Athlete	Girls/Track	Dullan PS	Aloran	MIS OCC
33	Patricia Mae E.	Atmete	Athletics- Elem	Dullatitis	Aloran	IVIIS OCC
56	Martinez	Athlete	Girls/Track	Punta Sulong ES	Baliangao	MIS OCC
	Samantha	/ time to	Onio, itaan	T ditta dalong 20	Danangao	
	Liannah A.		Athletics- Elem			
57	Animas	Athlete	Girls/Track	Aloran CS	Aloran	MIS OCC
			Athletics- Elem			Tangub
58	Arjen S. Aranas	Athlete	Girls/Track	Hoyohoy ES	North A	City
	Precious Ann D.		athletics			OROQ.
59	Liwanag	athlete	Elem.Girls/Field	Binuangan ES	District 3	CITY
			athletics			
60	Erika A. Paragoso	athlete	Elem.Girls/Field	Del Pilar ES	Calamba	MIS.OCC.
	Lichel Jhen A.		athletics		Plaridel	
61	Senit	athlete	Elem.Girls/Field	Panalsalan IS	South	MIS.OCC.
	Rhea Mae S.		athletics		Plaridel	
62	Batapa	athlete	Elem.Girls/Field	Panalsalan IS	South	MIS.OCC.
	Bb Jane B.		athletics		Plaridel	
63	Dunting	athlete	Elem.Girls/Field	Panalsalan IS	South	MIS.OCC.
			Athletics- Elem	D	CI.	NAIC CCC
64	Emelita G. Tabal	Coach	Girls/Track	Penacio ES	Clarin	MIS OCC
	Sannie Glenn N	Carel	athletics	Damalasis IC	Plaridel	MIC OCC
65	Santarita	Coach	Elem.Girls/Field	Panalsalan IS	South	MIS.OCC.
-	Nitohol N. Turrel	Chanasas	Athletics- Elem	Marcelino E.	District 0	Ozamia Cita
66	Nitchel N. Tumala	Chaperon	Girls	Regis IS	District 8	Ozamiz City





Province of Misamis Occidental one asenso misamis occidental provincial athletic association

TECHNICAL WORKING GROUP FOR ATHLETICS

Name	Position	Station
1. Reynaldo E. Manuel, Jr.	SDS	Division Office
2. Lorena P. Serrano	ASDS	Division Office
3. Samuel C. Silacan	SGOD Chief	Division Office
4. Maria Cheryl T. Samonte	OIC-CES /Division Sports Coordinator	Division Office
5. Ma. Alona E. Maghanoy	EPSvr	Division Office
6. Joseph Boniao	EPSvr	Division Office
7. Rey V. Baluarte	Deputy Division School Sports Officer / Athletics TM	Aloran CES
8. Nelia L. Lanzaderas	Athletics Team Manager /Inspection – Vice Chair	Plaridel

DIFFERENT COMMITTEES FOR ATHLETICS

FINANCE COMMITTEE					
1.Maria Cheryl T. Samonte	OIC-CID / Division Sports Officer	Chairman			
2. Ma. Alona E. Maghanoy	EPSvr	Co-Chairman			
3. Glady A. Maderal	ADA	Member			
4. Ronilyn M. Pacatan	ADA III	Member			

HEALTH AND SAFETY COMMITTEE				
1. Dr.Antonino Abrasaldo	Doctor	Chairman		
2. Arvin Garcia	Nurse	Co-Chair		
3.Jureza Quijano	Nurse	Member		
4.Jezzah Supangan	Nurse	member		
5.Caryl Luchavez	Nurse	member		
6.Bliss M. Roa	Nurse	member		
7. Ann Mariely Baldero	Nurse	member		

CHILD PROTECTION

1.Leah G. Xenos	PSDS	Child Protection - Chair
2. Junideth G. Catalon	PSDS	Child Protection - Vice Chair

PREFECT OF DISCI	PLINE AND SAFETY A	ND SECURITY COMMITTEE
1.Jumar Ydulzura	School Head	Chairman
2. Del Noel Cadiatan	School Head	Member
3. Joel Pangasian	School Head	Member
4. Longino Gamulo	School Head	Member
MOTIVATIONA	L SPEAKERS AND MO	DULE FACILITATORS
1. Liezel Talip	School Head	Chairman
2. Rose Calod	School Head	Member
3. Jessica Hornejos	School Head	Member
4.Jessie Mae Paalisbo	School Head	Member



Province of Misamis Occidental one asenso misamis occidental provincial athletic association



PROCUREMENT COMMITTEE		
1. Edwin V. Palma	PSDS	Procurement - Chair
2. Domingo Maulas	School Head	Chairman
3. Jonard Cale	School Head	Member
4. Windilyn Namuag	ADAS III	Member

RECORDS A	AND SECRETARIA	T
 Caryl Joy P. Tangcasan 	PDO 1	Chairman
2. Glady A. Maderal	ADA	Co-Chairman

TRAINING COMMITTEE		
1.Romeo Sarrento Retired School Principal Training Consultant		
2. Joel M. Pangasian School Head Training Director (Elementa		Training Director (Elementary)
3.Glenn D. Cabatuan School Head Training Director (Secondary)		

CAMP PREFECT/ SAFETY AND SECURITY			
1.	Joseph T. Boniao	Camp Prefect- Chair	EPSvrs
2.		Camp Prefect- Vice Chair	School Principal
	Bolanio		

CAMP SET-UP / DECORATION COMMITTEE			
1. Alvey Apao	Chairman	School Head	
2.Noel Quirog Co-Chair School Head			

KITCHEN AND MESS HALL

HIICHEN AND MESS HALL		
NAME	POSITION	SCHOOL/ DISTRICT/ STATION
Luzviminda G. Tactacon	PSDS	Aloran District
	Kitchen - Chair	
Loida A. Intong	PSDS	Calamba District
	Kitchen- Vice Chair	
Noel Quirog -	School Head	Clarin District -
Glena Parba -	School Head	Clarin District
Eugene Nazareno	ADA	Tigdok ES, Tudela District
Raul Namilit -	School Head	Tudela District
Noli Palubon	School Head	Sapangdalaga District
Alvey Apao	School Head	Sinacaban District
Roina Baliton -	School Head	Sinacaban District
Elizabeth Cabatuan	School Head	Don Victoriano District
Jimmy Mejos	School Head	Sinacaban District
Charlie Dimol	School Head	Plaridel District
Melva Gulbe	School Head	Bonifacio West District
Elvie Sumagang	School Head	Concepcion District
Jose Eldy Testa	School Head	Baliangao District
Charlene Jumalon	School Head	Sapangdalaga
Esterlina Villarimo	School Head	Calamba District
Junmar Eslit	School Head	Plaridel District



Province of Misamis Occidental



ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION

FrietzelHazel Malarejes	School Head	Lopez Jaena District
Neil Rodrigez	School Head	Don Victoriano District
Renbo Lusdoc	School Head	Baliangao District

IN-HOUSE TRAINING, SCHOOL-BASED LIVE-IN TRAINING, AND CENTRALIZED LIVE-IN TRAINING GUIDELINES

- 1. School-based live-in training shall be conducted within the school or specified training venue from February 26 to March 26, 2024.
- 2. Centralized live in-training is a unified training of all athletes in all events.
- 3. Transport of athletes to the training venue for centralized training shall be by Division on March 27, 2024. They shall report to the Registration Committee upon arrival at their respective venues.
- 4. MONHS (Oroquieta City Division) will be the billeting for the Centralized training except for Athletics, Para games, Swimming, Pencak Silat, and Boxing.
- 5. Training venues for school-based live-in training will be as follows:

No.	Event	TRAINING VENUES
1	Archery	Clarin District
2	Arnis	Lopez Jaena District
3	Athletics	MOPAC
4	Badminton	Oroquieta City Division
5	Baseball	Jimenez District
6	Basketball	Ozamiz City Division
7	Billiards	Oroquieta City Division
8	Boxing	Baliangao District
9	Chess	c/o Mr. Orbistundo
10	Dance sports	School-Based
11	Football	MOPAC
12	Futsal	MOPAC
13	Gymnastics	Aloran District
14	Lawn tennis	School-Based
15	Sepaktakraw	Talairon
16	Softball	School-Based
17	Swimming	Tangub
18	Table Tennis	School-Based
19	Taekwondo	Oroquieta City Division
20	Volleyball	School-Based
21	Wrestling	School-Based
22	Wushu	School-Based
23	Para Games	Oroquieta City Division



Province of Misamis Occidental



ONE ASENSO MISAMIS OCCIDENTAL PROVINCIAL ATHLETIC ASSOCIATION

PROVISIONS FOR LEARNING CONTINUITY AMONG STUDENT-ATHLETES DURING IN-HOUSE TRAINING (SCHOOL-BASED LIVE-IN AND CENTRALIZED LIVE-IN)

- 1. The guidelines/agreement must include the grading system of the athletes, how the module shall be distributed and who will supervise the actual teaching-learning delivery.
- 2. Parents' Consent shall cover all the possible related activities during the conduct of the In-House Training. It shall be submitted in bunches per event to the Camp Directors.
- 3. Consideration shall be given to the athletes for their grades and absences. They shall deserve the necessary academic support from the school authorities by arranging special classes to ensure that they can cope with their lessons and subject area requirements because they shall be competing and representing their respective schools, Districts, Division, and the Province of Misamis Occidental.
- 4. The arrangement of special classes (modular) for athletes participating in the In-House Training (school-based and centralized) in their respective playing venues shall be facilitated by the teacher coaches and chaperons and supervised by team managers (PSDS).
- 5. Materials during the special classes shall be taken care of by their respective schools. School Heads must ensure no disruption of classes per DO 09, s. 2005
- 6. Only parents or legal guardians (per registration) can get/take/pull out athletes from the venue. A waiver must be signed by the parents/legal guardians before leaving the venue
- 7. In case an athlete has other co-curricular activities, he or she may opt for one.
- 8. Gambling, smoking, vaping, and any other illegal acts during the training are prohibited.
- 9. Coaches, trainers, consultants, Technical Officials, Team Managers, and Technical Directors are encouraged to observe the rules in DO 40, s. 2012 (Child Protection Policy).
- 10. Psychological first-aid training among coaches, Technical Officials, Team Managers, Technical Directors, and athletes shall be conducted.
- 11. If there are policies not mentioned can be added anytime during the duration of the training/activity.