



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF OZAMIZ CITY

January 21, 2025

DIVISIONAL MEMORANDUM

No. 021, s. 2025

**CONDUCT OF TRAINING ON MENTAL HEALTH ASSESSMENT TOOLS
& MENTAL HEALTH CRISIS MANAGEMENT**

To: Chief Education Supervisors (SGOD and CID)
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned
This Division

1. Pursuant to Republic Act 11036 or Mental Health Act and Republic Act 11223 or Universal Health Care Act, this Division will conduct a Training Workshop on Mental Health Assessment Tools and Mental Health Crisis Management at Be Palace Hotel, Valconcha St., Aguada, Ozamiz City on February 13-14, 2025.
2. This activity aims to capacitate the school guidance designates and teaching-related personnel in responding to learners and DepEd personnel who are experiencing mental health crises.
3. The participants are school guidance designates, alternative learning system (ALS) teachers and public school district supervisors.
4. Attached are the list of the technical working committee, a list of participants and a training matrix.
5. Facilitators will engage in a prework activity to refine their content, anticipate challenges and create a dynamic learning experience at Division Training Hall on February 12, 2025.
6. Training expenses shall be charged to Program Support Fund LAA-10-24-418 while transportation and incidental expenses of the participants shall be charged to school MOOE subject to usual accounting and auditing policies, rules and regulations.
7. Participation in this training is consistent with the Division's commitment to implement the Equal Opportunity Principle (EOP) ensuring inclusivity regardless of age, gender, sexual orientation, gender identity, ethnicity, civil status, disability, religion, ethnic group and political affiliation.



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8. Immediate dissemination of this Memorandum is highly desired.

NIMFA R. LAGO, PhD, CESO VI
Assistant Schools Division Superintendent
OIC, Office of the Schools Division Superintendent

Pp: MENERVA D. BAROLA 
Public Schools District Supervisor

Enclosure: As stated

References: Republic Act 11036 or Mental Health Act and Republic Act 11223

To be indicated in the Perpetual Index

under the following subjects:

MENTAL HEALTH PROGRAM TRAINING GUIDANCE DESIGNATES ASSESSMENT

LML/DM Conduct of Training on Mental Health Assessment Tools and Mental Health Crisis Management
____/January 20, 2025



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Enclosure No. 1 to DM _____, s. 2025

Overall Steering Committee

Nimfa R. Lago
Consultant

Johnnel A. Guangco, EPS-SGOD
Chair, Planning

Anthony P. Marollano – SEPS-SMME
Samie B. Aso - EPS II-SMME
QAME Facilitators

Working Committees

Anne Soraida G. Rosario
Salome T. Villa
Dr. Cesar C. Bagaloyos
Lynneth E. Bajao
Registration

Dr. Ernesto C. Anteola, Jr.
Anne Soraida G. Rosario
Ebenezer Bud L. Bangcong
Certificates

Mario Christino D. Lumantas
Audio-visual System and Physical Arrangement

Ebenezer Bud L. Bangcong
Documentation

Lilibeth Y. Abamonga
Alie A. Bongcawil
Dani Lyne D. Homecillo
Analyn L. Pepito
Doneca Goldwyn D. Balos
Aldrin L. Panaguiton
Kendrid Q. Behis
Facilitators/ Resource Persons



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Enclosure No. 2 to DM _____ s. 2025

**TRAINING ON MENTAL HEALTH ASSESSMENT TOOLS
 AND MENTAL HEALTH CRISIS MANAGEMENT**
Program of Activities
 February 13 & 14, 2025
 8:00 a.m. -5:00 p.m.

Day 1 - February 13, 2025 (Thursday)		
Day and Time (Philippine Standard Time)	Topic and Activity	Speaker/Persons Involved
7:45 – 8:00 a.m.	Registration	
8:00 - 8:30 a.m.	OPENING PROGRAM ***** OVP ***** OVP ***** Dionesio L. Liwagon Jr., CESE Assistant Schools Division Superintendent ***** Nimfa R. Lago, PhD, CESO VI OIC- Schools Division Superintendent Acknowledgement of Participants & Statement of Rationale ***** Johnnel A. Guanco OIC, Chief ES - SGOD Pretest ***** Kendrid Q. Behis Registered Guidance Counselor Pulot National High School	
8:30 – 9:40 a.m.	Session 1 School Mental Health Program and Mental Health Literacy	Lourben Mae O. Lumasag Nurse II, School Mental Health Focal
9:40 – 9:55 a.m.	Health break	
10:00 - 11:30 a.m.	Session 2 Prevention Strategies that Promote Mental Health	Speaker
11:30 a.m.- 12:00 noon	Open Forum	
NOON BREAK		
1:00 – 3:00 p.m.	Session 3: Mental Health First Aid	Aldrin L. Panaguition Registered Guidance Counselor, OCNHS
3:00 – 3:10 p.m.	ICE BREAKER	
3:10 – 4:10p.m.	Session 4 Mental Health Screening in Crisis	Dani Lyne D. Homecillo Registered Guidance Counselor – Ozamiz City National High School
4:10 – 4:15 p.m.	Health break	
4:15 – 5:00 p.m.	End-of-day Evaluation and Clearing house/ Other reminders	



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Day 2 - February 14, 2025 (Friday)		
Day and Time	Topic and Activity	Speaker/Persons Involved
8:00 – 8:30 a.m.	RECAP and Energizer	
8:30 - 9:30 a.m.	Session 5 Postvention	Doneca Godlwyn D. Balos Registered Guidance Counselor – OCSAT
9:45 – 10:00 a.m.	Health break	
10:00 a.m. – 12:00 noon	Session 6 Caring for Carers	Alie A. Bongcawil Assistant Secondary School Principal II- Montol NHS
NOON BREAK		
1:00 – 2:30 p.m.	Simulation	Emcee
2:30 – 3:00 p.m.	ICE BREAKER and Health Break	
3:00 - 3:30 p.m.	Open Forum	Emcee
3:30 - 5:00 p.m.	CLOSING CEREMONY	



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Enclosure 3 of DM _____, s.2025

LIST OF PARTICIPANTS

No.	PUBLIC SCHOOL DISTRICT SUPERVISOR	Sex	DISTRICT
1	Anelyn G. Engracia	F	1
2	Jasmine I. Gaogao	F	2
3	Lorena P. Rivera	F	3
4	Milagros Z. Mendoza	F	4
5	Menerva D. Barola	F	5
6	Ian Francis E. Veloso	M	6
7	Giezel C. Gongob	F	7
8	Selina O. Macas	F	8
9	Joel T. Aclao	M	9
10	Fernando D. Sumondong	M	10

No	GUIDANCE DESIGNATES	SEX	SCHOOL
1	Angelita T. Garcia	F	Andrea D. Costanera ES
2	Jean P. Sumalpong	F	Felipe Carreon CS
3	Rubelyn R. Gabica	F	Sancho Capa IS
4	Elisa O. Cebedo	F	Ozamiz City CS
5	Lovell Joy D. Amerkhan	F	Baybay CS
6	Mary Joan L. Pulvera	F	Catadman ES
7	Evelyn D. Raagas	F	Sta. Cruz ES
8	Chris Jhon Alegrado	M	Misamis Annex IS
9	Epe M. Macarayo	F	Bacolod ES
10	Pazmarita G. Reyna	F	Doña Consuelo ES
11	Alma A. Caballero	F	Gango ES
12	Ethel R. Dybongco	F	Maningcol CS
13	Bernafe P. Tangca-an	F	San Antonio NHS
14	Janet C. Cabahug	F	San Antonio ES
15	Janna Leanne S. Robles	F	Domingo A. Barloa IS
16	Doris Grace M. Quiao	F	Embargo ES
17	Mary Rose A. Demapitan	F	Gotocan ES
18	Bernadeth O. Cervantes	F	Labo CS
19	Merlyn S. Al-os	F	Mintalar ES
20	Danilo A. Fajardo, Jr.	M	Sangay IS
21	Elma G. Alfanta	F	Maximino S. Laurete CS
22	Lily Joy M. Mutia	F	Antero D. Hinagdanan ES
23	Charlene C. Navarez	F	Dalapang ES



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24	Hensin Gliocam	M	Faustino Decena IS
25	Charlyn O. Udal	F	Hilarion J. Ramiro ES
26	Celestina L. Balacy	F	Roman E. Mabanag ES
27	Zia Shane Recto (RGC)	F	Jose Lim Ho NHS
28	Marilou D. Licayan	F	Antero U. Roa CS
29	Jobert John F. Villato	M	Capucao IS
30	Jonalyn E. Caño	F	Capucao C ES
31	Dave Gomez	M	Pershing Tan Queto ES
32	Jojana Jane B. Retuya	F	Tipan IS
33	Chee-Desa E. Luar	F	Guingona IS
34	Shiela D. Cartajenas	F	Montol NHS
35	Marecel M. Tejano	F	Gala ES
36	Chrillie Mae L. Cuartos	F	Gala NHS
37	Kristel Jane G. Amores	F	Guimad ES
38	Vivian E. Reguman	F	Juan A. Acapulco ES
39	Marizel Ortega	F	Cogon IS
40	Emily M. Jauculan	F	Marcelino C. Regis IS
41	Jovelyn N. Torrefiel	F	Balintawak ES
42	Lani Cora Magpale	F	Bongbong ES
43	Shiela Marie O. Villantes	F	Cruz Lanzado IS
44	Joy L. Corvera	F	Dimaluna IS
45	Leziel C. Semense	F	Malaubang IS
46	Peter N. Lumayag	M	Pulot ES
47	Evelyn R. Lastimosa	F	Diego Tuastomban ES
48	Cruzellie M. Mañego	F	Gregorio A. Saquin ES
49	Felvie W. Carnable	F	Jacinto Nemeño IS
50	Helen C. Pino	F	Narciso B. Ledesma CS
51	Lisa C. Abella	F	Tabid NHS
52	Fe. O. Tomarong	F	Labinay ES
53	Jalis M. Dico	F	Labinay NHS
54	Kimberly E. Miral	F	Sinusa IS

Alternative Learning System Teachers

No.	Name	SEX	District
1	Marife S. Jongco	F	1
2	Erlinda T. Genobatin	F	2
3	Lovely Rosary B. Taclap	F	3
4	Ann Marie R. Cipres	F	4
5	Ramdel T. Nugpo	M	5



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6	Jonathan A. Oracion	M	6
7	Arman B. Siso	M	7
8	Feralix C. Osorio	M	8
9	May Chel M. Abalo	F	9
10	Nenalyn L. Mayordo	F	10

Division Office Personnel and Facilitators

No.	NAME	SEX	DESIGNATION
1	Nimfa R. Lago, PhD, CESO VI	F	Schools Division Superintendent
2	Dionesio L. Liwag, Jr, CESE	M	Assistant Schools Division Superintendent
3	Anacleta A. Gacasan	F	Chief ES, CID
4	Ivy J. Cabual	F	AOBV – Budget
5	Maricel D. Avila	F	Accountant III
6	Johnnel A. Guangco	M	OIC – Chief ES, SGOD
7	Anthony P. Marollano	M	SEPS – SMME
8	Arlene C. Via	F	SEPS – SMN
9	Cesar A. Bagaloyos	M	Dentist II - Medic
10	Ell June S. Abucay, CESE	M	Planning Officer III
11	Ernesto C. Anteola, Jr.	M	Dentist II - Medic
12	Rhona M. Agustin	F	PDO II – DRRM
13	Rosalyn M. Lato	F	SEPS – Planning and Research
14	Mary Joy G. Doromal	F	SEPS – HRD
15	Jeanelei L. Carolino	F	EPS II – HRD
16	Samie B. Aso	M	EPS II – SMME
17	Shenefe B. Lomoctos	F	PDO I – Youth Formation Division
18	Mary Jane C. Lomocso	F	EPS II – ALS
19	Roselyn A. Faciol	F	EPS II – ALS
20	Lourben Mae O. Lumasag	F	Nurse II - Medic
21	Ebenezer Bud L. Bangcong	M	Nurse II - Medic
22	Salome T. Villa	F	Nurse II - Medic
23	Lynneth E. Bajao	F	Nurse II - Medic
24	Anne Soraida G. Rosario	F	Nurse II - Medic
25	Mario Christino D. Lumantas	M	Nurse II - Medic
26	Lilibeth Y. Abamonga	F	Principal II - Facilitator
27	Alie A. Bongcawil	F	ASP II- Facilitator
28	Doneca Goldwyn D. Balos	F	RGC - Facilitator
29	Analyn L. Pepito	F	RGC - Facilitator
30	Dani Lyne D. Homecillo	F	RGC - Facilitator
31	Aldrin L. Panaguiton	M	RGC - Facilitator
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