



Republic of the Philippines
Department of Education
 REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF OZAMIZ CITY

February 3, 2025

DIVISIONAL MEMORANDUM

No. 051 , s. 2025

OBSERVANCE OF THE 2025 NATIONAL ORAL HEALTH MONTH

To: Assistant Schools Division Superintendent
 Chief Education Supervisors (SGOD and CID)
 Public Elementary and Secondary School Heads
 School Health Section Personnel
 All others concerned
 This Division

- Pursuant to **Presidential Proclamation No. 559**, dated February 24, 2004 declaring the month of February of every year as National Oral Health Month, and to **Regional Memorandum No. 065, s. 2025** titled Celebration of 2025 National Oral Health Month, this Office informs the field of its observance this February 2025 with the theme, *“Pamilya, Una Kong Dentista Para sa #Ngiting7020”*.
- The 2025 NOHM aims to raise oral health consciousness in schools and communities, highlighting the role of the family in promoting wellness, and prevention and reduction of dental problems. The theme envisions Filipinos with at least 20 healthy, functioning permanent teeth by the age of 70.
- Schools are enjoined to observe the month-long celebration through the following suggested activities:

WEEK	ACTIVITIES
First Week	Oral Health Awareness Campaign <ul style="list-style-type: none"> Initiate a school-wide campaign to raise awareness about oral health Use bulletin boards, newsletters, and social media to share oral health tips, facts, and resources
Second Week	Oral Health Workshops and Seminars <ul style="list-style-type: none"> Classroom activities via lectures, games, homework, etc Social media campaign School community oral health awareness through orientations, lectures, and activities involving parents, teaching and non-teaching personnel (ie having school dentists or members of the local dental chapter as resource speakers)



Address: IBJT Compound, Carangan, Ozamiz City
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SCHOOLS DIVISION OF OZAMIZ CITY

Third Week	<ul style="list-style-type: none">• Provision of dental services through Oplan Kalusugan sa DepEd/School Dental Health Care Program• Collaboration with local dental clinics/dentists to organize on-site dental check-up for learners• Provision of information to parents about the importance of regular dental check-ups
Fourth Week	<p>Interactive Workshops</p> <ul style="list-style-type: none">• Set-up interactive workshops that include hands-on activities• Have demonstrations on proper toothbrushing techniques and provide learners with toothbrushes and dental floss to practice on.

4. IEC materials which have been curated by our Division Dentists may be accessed through the following link: <https://bit.ly/2025NOHMDepEdOzamiz>
5. The field shall ensure that the conduct of activities follow recommended health and safety protocols, and shall not entail interruption of classes.
6. The schools shall submit consolidated narrative and pictorial reports of their NOHM activities on or before March 5, 2025. Reports may either be hard copies and handed to the Dental Services Section of the SGOD, or soft copies via e-mail through ernestojr.anteola@deped.gov.ph.
7. Please coordinate with Dr. Ernesto C. Anteola, Jr, Dentist II at (+63) 918-925-2836 or Dr. Cesar C. Bagaloyos, Dentist II at (+63)09172733943 for related concerns.
8. Immediate and wide dissemination of this Memorandum is highly desired.


NIMFA R. LAGO, PhD, CESO VI
Assistant Schools Division Superintendent
OIC – Office of the Schools Division Superintendent

Encl.: Presidential Proclamation 559, RM No. 065, s. 2025
Reference: Presidential Proclamation 559, RM No. 065, s. 2025
To be indicated in the Perpetual Index
under the following subjects:
PROGRAMS CAMPAIGNS HEALTH EDUCATION DENTAL HEALTH
ECA/DM- observance of the 2025 national oral health month
NO. /February 3, 2025



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Republic of the Philippines
Department of Education
 REGION X - NORTHERN MINDANAO

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January 31, 2025

REGIONAL MEMORANDUM
 No. 065, s. 2025

2025 CELEBRATION OF NATIONAL ORAL HEALTH MONTH

To: Schools Division Superintendents
 Chiefs, School Governance and Operations Divisions
 Division/School Dentists
 School Health Personnel
 All others concerned

- Following **Presidential Proclamation No. 559, s. 2004**, which designates February as National Oral Health Month, the Philippine health sector is coming together to promote oral health awareness and celebrate with this year's theme "Pamilya Una Kong Dentista para sa #Ngiting7020."
- Supporting the celebration, the Department of Education (DepEd) will conduct several activities to celebrate the **2025 Celebration of National Oral Health Month** from February 3 to 28.
- The theme underscores the crucial role of families in fostering proper oral hygiene practices and early oral care, emphasizing the importance of preventive care starting at home. It also continues the momentum of the #Ngiting 7020 campaign introduced in the previous year, aiming to inspire Filipinos to prioritize oral health with the goal of reaching the age of 70 with at least 20 healthy, natural, and functional teeth.
- Hence, all School Division Offices (SDOs) should support the campaign through the conduct of various promotional activities. The NOHM celebration serves as a platform for professionals, educators, and government agencies to collaborate in promoting oral health awareness. As DepEd plays a crucial role in shaping the minds and habits of the nation's youth, your support and participation will contribute significantly to the success of these collective efforts.
- The following are the suggested activities:

WEEK	ACTIVITIES
First Week	Oral Health Awareness Campaign: <ol style="list-style-type: none"> Initiate a school wide campaign to raise awareness about oral health. Use bulletin boards, newsletters, and social media platform to share oral health tips, facts, and resources.



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
 Telephone No: (088) 881-3137
 Email Address: region10@deped.gov.ph
 Website: r10.deped.gov.ph

Doc. Ref. Code	ACT ORO 887	Rev.	01
Effectivity	07.22.24	Page	1 of 1



Second Week	Oral Health Workshops and Seminars a. Classrooms activities (lectures/Oral health education) b. Social media campaign. c. School community oral health awareness through orientation, lectures and activities involving parents, teaching and non-teaching staff.
Third Week	Delivery of Dental Health Services a. Collaborate with local dental clinics or practitioners to organize on-site dental check-up for students. b. Provide information to parents about the importance of regular dental check-ups.
Fourth Week	Interactive Workshops a. Set up interactive workshops that include hands-on activities. b. Have demonstrations on proper toothbrushing techniques (BULT) and provide learners with toothbrushes and dental floss to practice.

6. The SDOs shall submit a consolidated narrative and pictorial report based on the weekly activities through e-mail at hnu.regionx@deped.gov.ph on or before March 10.

7. Please coordinate with Dr. Rey Ignacio B. Cagang, regional supervising dentist, Health and Nutrition Section – Education Support Services Division (HNS-ESSD), at 0956-608-0056, for any related concerns.

8. This Office directs the immediate and wide dissemination of this Memorandum.


DR. ARTURO B. BAYOCOT, CESO III
Regional Director

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS HEALTH EDUCATION

RE: 2025 Celebration of National Oral Health Month

ESSD/rbc

PROCLAMATION NO. 559

**DECLARING THE MONTH OF FEBRUARY OF EVERY YEAR AS NATIONAL
DENTAL HEALTH MONTH**

WHEREAS, Proclamation No. 235, dated January 24, 1951, declared the period from February 3 to 9 of every year as National Dental Health Week;

WHEREAS, its major objective is to arouse dental health consciousness among the people;

WHEREAS, the dental profession plays a vital role in the maintenance of a healthy citizenry and the Philippine Dental Association since then has lived up with its share to propagate the value of oral/dental health to the people during the traditional week-long celebration;

WHEREAS, a DOH survey released in 1998 revealed that 96 out of one hundred Filipinos are afflicted by dental caries making tooth decay probably the most prominent disease affecting Filipinos;

WHEREAS, it is imperative that the week-long celebration should be extended to one (1) month to make it more significant to reach out more people especially in the countryside and make them more conscious about the value of good oral/dental health.

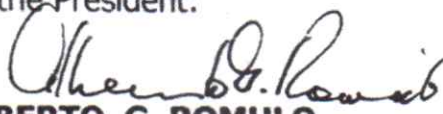
NOW, THEREFORE, I, GLORIA MACAPAGAL-ARROYO, President of the Philippines, by virtue of the powers vested in me by law, do hereby declare the month of February of every year as **National Dental Health Month**.

This supersedes Proclamation No. 236, series of 1951.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Republic of the Philippines to be affixed.

DONE in the City of Manila, this 24TH day of February, in the year of Our Lord, Two Thousand and Four.

By the President:


ALBERTO G. ROMULO
Executive Secretary

