

## Department of Education region x – Northern Mindanao SCHOOLS DIVISION OF OZAMIZ CITY

February 25, 2025

#### **DIVISIONAL MEMORANDUM**

No. <u>075</u>, s. 2025

### TRAINING OF PEER FACILITATORS ON MENTAL HEALTH AND PSYCHOSOCIAL SERVICE

To: Chief Education Supervisors (SGOD and CID)
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned
This Division

- 1. Relative to Republic Act 12080 or Basic Education Mental Health and Well-Being Promotion Act, this Division will conduct a Training of Peer Facilitators on Mental Health and Psychosocial Service at Ozamiz City National High School (OCNHS) Mini Gym, Bernad St. Lam-an, Ozamiz City on March 7, 2025, Friday.
- 2. This activity aims to capacitate learners to act as peer facilitators in supporting their peers' mental health and psychosocial well-being.
- 3. The participants are members of the OCNHS Peer Facilitators Club.
- 4. The activity shall start at 8:00 a.m. and end at 5:00 p.m., see attached Enclosure A for the Program of Activities and Enclosure B for the members of the Technical Working Group.
- 4. There will be no registration fee. Training and meal expenses shall be charged against Program Support Fund LAA-10-24-418 subject to usual accounting and auditing policies, rules and regulations.
- 5. Participation of personnel in this training is consistent with the Division's commitment to implement the Equal Opportunity Principle (EOP) ensuring inclusivity regardless of age, gender, sexual orientation, gender identity, ethnicity, civil status, disability, religion, ethnic group and political affiliation.
- 6. Immediate dissemination of this Memorandum is highly desired.

nimfa R. Lago, Phd, ceso vi

Assistant Schools Division Superintendent OIC, Office of the Schools Division Superintendent



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# Department of Education REGION X - NORTHERN MINDANAO SCHOOLS DIVISION OF OZAMIZ CITY

Enclosure: As stated
To be indicated in the <u>Perpetual Index</u>
under the following subjects:

#### SCHOOL MENTAL HEALTH PROGRAM

PEER FACILITATORS

LML/DM Conduct of Training of Peer Facilitators on Mental Health & Psychosocial Service
\_\_\_\_\_/ February 25, 2025



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#### Republic of the Philippines

#### Department of Education REGION X - NORTHERN MINDANAO SCHOOLS DIVISION OF OZAMIZ CITY

### PEER FACILITATORS ON MENTAL HEALTH & PSYCHOSCIAL SERVICE

**Program of Activities** 

March 7, 2025 8:00 a.m. -5:00 p.m.

	8:00 a.m5:00 p.m.			
	March 7, 2025 (Friday)			
Day and Time	Topic and Activity	Speaker/Persons Involved		
7:30 - 7:45 a.m.	Registration			
	OPENING PROGRAM			
7:45 - 8:15 a.m.	Assistant Schools Message  ***********************************	ES - SGOD		
8:15 – 9:00 a.m	Session 1 Welcome and Introduction to Course Personal Relationships Concept of Peer Support  TBA			
9:15 - 9:30 a.m	Health break			
9:30 - 11:30 a.m.	Session 1.1 Personal Relationships Concept of Peer Support	ТВА		
11:30 a.m 12:00 noon	Open Forum			
	NOON BREAK			
1:00 – 3:00 p.m.	Session 2 Values, beliefs, attitude and diversity	ТВА		
3:00 – 3:10 p.m.	HEALTH BREAK/Ice breaker			
3:10 – 4:45 p.m.	Session 3 The Ideal Helper The 3 Core Conditions of Peer	ТВА		
4:45 – 5:00 p.m.	CLOSING CEREMONY Impression  ********************************  Ways Forward  ***********************************			



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#### **TECHNICAL WORKING GROUP**

No.	NAME	SEX	DESIGNATION
1	Nimfa R. Lago, PhD, CESO VI	F	Schools Division Superintendent
2	Dionesio L. Liwagon, Jr, CESE	M	Assistant Schools Division
			Superintendent
3	Johnnel A. Guangco	M	OIC - Chief ES, SGOD
4	Anthony P. Marollano	M	SEPS - SMME
5	Samie B. Aso	M	EPS II – SMME
6	Shenefe B. Lomoctos	F	PDO I – Youth Formation Division
7	Lourben Mae O. Lumasag	F	Nurse II - Medic
8	Mario Christino D. Lumantas	M	Nurse II - Medic
9	Lilibeth Y. Abamonga	F	Principal II - Facilitator
10	Rose Shiela A. Roque	F	Assistant Secondary Principal II
11	Dani Lyne D. Homecillo	F	RGC - Facilitator
12	Aldrin L. Panaguiton	M	RGC - Facilitator
13	Cyrus Rivera	F	RGC - Facilitator
14	Ralph Balandra	M	Inspectorate Team

### PEER FACILITATORS ON MENTAL HEALTH & PSYCHOSCIAL SERVICE



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