



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF OZAMIZ CITY

June 16, 2025

DIVISIONAL MEMORANDUM

No. 201, s.2025

PREVENTIVE MEASURES AGAINST THE SPREAD OF HAND, FOOT AND MOUTH DISEASE (HFMD) IN PUBLIC SCHOOLS

To: Assistant Schools Division Superintendent
Chief Education Supervisors (SGOD and CID)
Public Elementary and Secondary School Heads
School Health Personnel
All Others Concerned
This Division

1. In view of the recent increase in reported cases of Hand, Foot and Mouth Disease (HFMD) among school-aged children in the province and the guidance from the Department of Health (DOH) and the Provincial Health Office, all public schools are hereby directed to strengthen the implementation of preventive and control measures to minimize the risk of transmission within school settings.

2. To ensure the health and safety of learners, teaching and non-teaching staff in the schools, the following preventive measures must be observed and followed:

a. Promote Proper Hygiene and Sanitation

- Ensure that learners wash their hands with soap and clean water regularly, especially before meals and after using the toilet.
- Promote cough and sneeze etiquette (e.g., using a tissue or the elbow to cover mouth/nose).
- Avoid touching your face with unwashed hands, especially your eyes, nose and mouth.
- Ensure availability of hand soap and alcohol – based sanitizers.

b. Classroom Hygiene Monitoring

- Clean and disinfect high-touch surfaces (e.g., desks, doorknobs, toys, comfort rooms and learning materials) 2 – 3 times daily.
- Use a bleach solution (1 tablespoon of bleach per 1 liter of water) for effective disinfection.



Address: IBJT Compound, Carangan, Ozamiz City
Telephone No: (088) 545-09-88
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c. Monitor and Report Cases

- Conduct visual screening of pupils/students for signs of fever, rashes on hands/feet, and mouth sores.
- Report suspected cases to the School Health Personnel or the nearest health facility.

d. Health Education and Awareness

- Integrate short discussions on HFMD prevention during class homeroom or health periods.
- Display DOH IEC materials on HFMD in visible areas (classrooms, bulletin boards). Download IEC materials from this site https://bit.ly/HFM_IEC.

e. Immediate Isolation and Referral

- Learners showing symptoms must be sent home and referred to a health facility for assessment.
- Parents/guardians must be contacted for immediate pickup.
- Reinforce a no-class policy for symptomatic students until fully recovered.

f. Parent and Guardian Engagement

- Disseminate HFMD information through Parent-Teacher Associations (PTAs), daily reminders via group chats or bulletin boards.
- Symptoms to watch for at home and importance of keeping sick children at home.

g. Weekly Monitoring

- All schools are enjoined to submit a brief weekly report on HFMD surveillance, preventive measures taken, and any referrals made, beginning June 27, 2025, every Friday before 3:00 PM, through google forms, https://bit.ly/HFMD_Weekly.

3. The participation of the learners and school personnel in this activity is in adherence to the principles of equal opportunity for continuous improvement that there is no discrimination on account of age, gender, civil status, disability, religion, political affiliation, medical conditions among others.



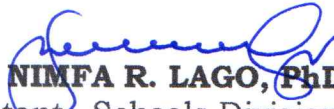
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4. Queries regarding this matter can be channeled to Dr. Khary T. Aspacio, Medical Officer III at (+63) 9088809367. Attached is a copy of the HFMD Prevention and Control Checklist to be completed and submitted for each school in the Division.
5. This Office directs the immediate dissemination of this Memorandum.



NIMFA R. LAGO, PhD, CESO VI
Assistant Schools Division Superintendent
OIC, Office of the Schools Division Superintendent



Encl.: As stated
To be indicated in the Perpetual Index
under the following subjects:

LEARNERS

POLICY

PROGRAMS

SCHOOLS

KTA/DM - Preventive Measures Against the Spread of Hand, Foot and Mouth Disease (HFMD) in Public Schools June 16, 2025



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☒ **HFMD Prevention and Control Checklist for Schools**

Name of School: _____
Name of School Head: _____ **Contact Number:** _____
Address: _____

A. Promote Proper Hygiene and Sanitation

- ☐ Learners wash hands with soap and clean water regularly (especially before meals and after toilet use).
- ☐ Promote proper cough/sneeze etiquette (use tissue or elbow).
- ☐ Remind learners to avoid touching face with unwashed hands.
- ☐ Ensure availability of hand soap and alcohol-based sanitizers.

B. Classroom Hygiene Monitoring

- ☐ Disinfect high-touch surfaces (e.g., desks, doorknobs, toys, CRs, learning materials) 2–3 times daily.
- ☐ Use bleach solution (1 tablespoon bleach per 1 liter of water) for disinfection.

C. Monitor and Report Cases

- ☐ Conduct daily visual screening for fever, rashes (hands/feet), and mouth sores.
- ☐ Report suspected cases to the School Health Personnel or nearest health facility.



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D. Health Education and Awareness

- ☐ Integrate short discussions on HFMD prevention during class/homeroom.
 - ☐ Display DOH IEC materials on HFMD in visible areas (e.g., bulletin boards).
-

E. Immediate Isolation and Referral

- ☐ Send symptomatic learners home for assessment at a health facility.
 - ☐ Contact parents/guardians for immediate pickup.
 - ☐ Enforce no-class policy for symptomatic students until full recovery.
-

F. Parent and Guardian Engagement

- ☐ Disseminate HFMD info through PTA meetings, group chats, and bulletin boards.
 - ☐ Inform parents about symptoms and importance of keeping sick children at home.
-

H. Weekly Monitoring

- ☐ Submit brief weekly HFMD report every Friday starting June 20, 2025.
- ☐ Include surveillance updates, preventive measures taken, and any referrals.
- ☐ Send report via Google Forms https://bit.ly/HFMD_Weekly every Friday before 3:00PM.

Prepared by: _____



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